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| **RUN AROUND THE OTTER PONDS** |
| **5k Trail Run ☼ 5K Trail Walk ☼ ½ Mile Kid’s Run** |
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| To Benefit Cumberland County Volunteers in Police Services |
| **WHEN** | **WHERE** |
| **Sunday****October 15, 2017****Kid’s Run – 09:00, 5K Walk/Run – 10:00** | **Johnson Field****Rte. 35, 89 Chadbourne Rd.****Standish, Maine** |
| **☼ T-shirts to the first 100 pre-registered participants ☼** |
| Pre-Register by Saturday, October 14, 2017: Register on line at Michael@3craceproductions.com or mail Registration Form and entry fee to VIPS – 5K Trail Run, 175 Northeast Road, Standish, ME 04084 |
| **FEES** |
|  | ***Pre-Registration Fees*** | ***Day of Event Registration*** |
| Kid’s Run | $5 | $7 |
| 5K Trail Run or Walk | $20 | $25 |
| Family Registration (4 household members) | $45 | $50 |
| **PACKET PICK-UP ON OCT. 14 BEGINS @ 08:00 – 10:00 am at Johnson Park** |
| **AWARDS** |
| 1st, 2nd, and 3rd place for overall female and maleFirst place female and male finish in the following age groups; 12 & under, 13-20, 21-40, 41-60, 61-71, 72 & up |
| **FMI:** **TWCHRISTIY@ROADRUNNER.COM** **OR (207) 310-0489** |
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| **- - - - - - - - - - - - - - - - - - - - - - - - cut here and submit the form below - - - - - - - - - - - - - - - - - - - - - - - - - - -**  |
| **USE A SEPARATE FORM FOR EACH PARTICIPANT’S REGISTRATION** |
| Name: |  | Age: |  | Gender: |  |
| Address: |  |
| City: |  | State: |  | Zip Code: |  |
| Phone: |  | Email: |  |
| CHECK CORRECT COMBO: | ***Pre-Registration Fees*** | ***Day of Event Registration*** |
| 🞎 Kid’s Run | 🞎 $5 | 🞎 $7 |
| 🞎 5K Trail Run or Walk | 🞎 $20 | 🞎 $25 |
| 🞎 Family Registration (4 household members) | 🞎 $45 | 🞎 $50 |
| T-SHIRT SIZE: Adult - 🞎 S 🞎 M 🞎 L 🞎 XL Youth - 🞎 S 🞎 M 🞎 L |
| **WAIVER** |
| *I know running or walking in a road or trail race is potentially a hazardous activity. I should not enter, run or walk unless I am medically able and properly trained. I agree to abide by any decision made by race officials regarding my ability to safely complete, run or walk in this event. I assume all risks associated with this event to include falls, contact with other participants, effects of weather, including heat and/or humidity, traffic and/or other conditions known, anticipated or unexpected. I, acting for myself and/or as legal guardian of a minor participating in this event shall hold harmless and absolve the Town of Standish, the VIPS, the Cumberland County Sheriff’s Office and/or the Portland Water District and all of their officers, agents, employees and/or other participants in this program. I hereby agree to defer, indemnify and hold harmless the Town of Standish, the VIPS, the Cumberland County Sheriff’s Office and/or the Portland Water District in such activity in which any claim may arise due to injury to myself or child. I grant full permission of any of the foregoing to use video, tapes, photos, or any other such record of this event for any legitimate purpose. I understand that there will be no refunds for this event.* |
| Signature (participant): | Date: |  |
| Signature (guardian): |  | Date: |  |
| **PRE-REGISTRATION ENDS 10/14/17. SEND COMPLETED FORMS TO:****VIPS -5K TRAIL RUN, 175 NORTHEAST RD., STANDISH, ME 04084****REGISTER ON LINE AT: michael**@**3craceproductions.com**  |  |